

UCD First Responder Kits				
	#	Content	Brand names	Usage
BLACK POUCH				
	25	acetaminophen 325mg or non-aspirin 500mg (2/pk)	Tylenol	Pain or fever
	25	ibuprofen, 200mg pills (2/pk)	Advil	Pain, sprains
	5	aspirin, 325 mg pills (2/pk)	Aspirin	Chest pain
	20	diphenhydramine, 25mg pills or antihistamine	Benadryl	Itching, allergies
	10	loperamide, 2mg pills or anti-diarrheal	Imodium	Diarrhea
	20	zantac or stomach acid blocker	Zantac	Reflux, stomachache
	5	dramamine or zofran	Meclizine/zofran	motion sickness/nausea
	1	phenylephrine, 10mg pills (36/bx) or cold/sinus free	Sudafed	Congestion
	1	Pink Bismuth tabs	Pepto Bismol	Indigestion
	25	(triple) antibiotic ointment packets (Bacitracin)	Neosporin	Cuts/scratches
	1	itch reliever, topical gel, 1.25oz or Itch Relief Cream	-	Insect bites
	1	eye wash or eye saline, 4oz	-	Foreign body, dry eyes
	1	glucose, oral gel, 15gm or Insta-Glucose Tube	-	Low blood sugar
	5	salts, oral rehydration	-	Dehydration
	1	zinc oxide		Skin irritation/barrier cream
	1	sunscreen, 1oz	-	
BLUE POUCH				
	5	gloves, non latex, pairs		
	1	mask, CPR pocket		
ORANGE POUCH				
	1	blanket, emergency survival		
	1	blood pressure cuff		
	1	ice pack, instant		
	1	pen light		
	1	stethoscope		

	1	thermometer, digital, oral		
	1	tweezers		
RED POUCH				
	5	gloves, non latex		
	20	towelettes or wipes, antiseptic		
	1	bandages, adhesive, 1"x 3" (16/bx)		
	5	bandages, adhesive, fingertip		
	5	bandages, adhesive, knuckle		
	2	wound closure strips, 1/4" x 3" or 1/4"x 4" (9/pk)		
	2	bandages, elastic 4"		
	2	bandages, triangular with safety pins		
	2	gauze, confirming 2" rolls		
	2	gauze, confirming 4" rolls		
	5	gauze, petrolatum, 3"x 9"		
	3	pad, abdominal, 5"x 9"		
	10	pads, gauze 4"x 4" (2/pk)		
	5	pads, non adherent, 2"x 3"		
	2	dressings, burn gel-soaked, 2"x 6" or 4"x4"		
	1	scissors, trauma		
	1	tape, 1" roll		
	5	burn gel, 3.5g or first aid cream		
PERIMETER				
	1	splint, SAM malleable		
LID POCKET				
	2	bags, biohazard		
	1	guide, FDA medication		
	10	wipes, germicidal disinfectant or alcohol		
	1	patient assessment form		