



### Alaska, Atqasuk

	Action/Event	Pre-Departure (Days)														En Route (Days)																	
		1	2	3	4	5	6	7	8	9	10	11	12	13	14	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Pre-Departure	Strict Social Distancing	14 Day Strict Social Distancing																															
	Submit Travel Declaration and Self-Isolation Plan																																
	Test																																
	Test Results																																
	Return Travel Fitness Verification																																
Quarantine	Travel to Utqiagvik																																
	Hotel Quarantine															0 1 2 3 4 5 6 7 8 9 10																	
	Test																																
	Test Results																																
Atqasuk	Travel to Atqasuk																																
	Test																																
	Quarantine															0 1 2 3 4 5																	
	Test Results																																
	Begin Activities																																

- All travelers will receive a shipment of infection prevention supplies for the trip.
- All travelers must complete training on infection prevention travel procedures.  
<https://projects.battelle.org/radsafety/safetravels/story.html>
- Researchers are strongly encouraged to obtain medical travel/evacuation insurance.
- Everyone traveling September 1, 2020 - April 15, 2021 is strongly encouraged to have a current influenza vaccine. Flu tends to remain widespread in Alaska and Greenland until mid-April.
- At least 14 days prior to departure, all travelers should check the COVID-19 websites for each destination along their routes of travel and begin preparing any required documents (Attachment 1).
- 14 days prior to departure, travelers must begin Strict Social Distancing and determine the availability and turn-around time for RT-PCR (aka NAAT or molecular) tests in their area (100-mile radius).
  - Travelers should consult these links to research their [state](#) and [local](#) testing locations.
  - If local RT-PCR testing will not be available on the required test day (e.g., Sunday) or the results from the local lab will not be available prior to departure, travelers must notify Matthew Irinaga at [Matthew.Irinaga@uiccs.com](mailto:Matthew.Irinaga@uiccs.com) or 907-978-0564 no later than a week prior to their scheduled departure.
- Prior to travel, interstate travelers must file a travel declaration form, self-isolation plan, and their negative COVID-19 test result via the Alaska travel portal <https://www.alaska.covidsecureapp.com/>.
- 72 hours (3 days) prior to departure, all travelers must obtain an RT-PCR COVID-19 test.
- 24 hours prior to travel, travelers must submit their travel fitness verification forms (Attachment 2) to their ARO Science Project Manager (researchers) or their employer’s HSE Manager (staff).
- Prior to departing for Alaska, travelers must register with Samuel Simmonds Memorial Hospital (SSMH) in Utqiavik so they will be eligible to receive COVID-19 testing there. (<https://arcticslope.org/ssmh-registration-form/>).
- To establish and maintain reliable lines of communication with local stakeholders. Researchers must contact Raelene Wentz at [Raelene.wentz@uiccs.org](mailto:Raelene.wentz@uiccs.org) or 907-799-6669 to initiate formal coordination and planning to visit the community.
- Also prior to departing from their homes, researchers are required to verify that their NSF program officer and their research institution health and safety offices have received and approved their COVID-19 protective plans. Provide a copy of this plan to the UICS HSE Specialist, Matthew Irinaga ([Matthew.Irinaga@uiccs.com](mailto:Matthew.Irinaga@uiccs.com)).

- Travelers are required to carry proof of their negative test with them. They may be required to present it upon entry to the state.
- Research teams should travel together as a “pod” (i.e. arrive on the same flight). A “pod” can function as members of an “immediate household” regarding quarantine, social distancing, and testing.
- After arriving in Utqiagvik, pods should walk or drive directly to the ARO pre-arranged quarantine location, which is 0.2 miles from the airport.
- Pods must quarantine for 10 days in Utqiagvik. Around Day 8, the pod members will wear masks and travel in a pre-arranged vehicle to the Samuel Simmonds Memorial Hospital drive-thru testing station and return to hotel quarantine.
- During their hotel quarantine in Utqiagvik, Pods must register with the Atqasuk Health Clinic Tel: 907-633-6711 to prepare for their arrival testing.
- Travelers may exit quarantine and travel to Atqasuk on Day 11 or when negative results return, whichever is later.
- Travelers must plan to arrive to Atqasuk Monday through Friday when the health clinic is open.
- Upon arrival in Atqasuk, pods must travel to the health clinic for a molecular COVID-19 test. Address: 4002 Qalgaq Street, Atqasuk, Alaska 99791.
- Then, pods should drive directly to the UICS pre-arranged Atqasuk lodging to begin their quarantine.
- All travelers are required to quarantine for five days immediately upon arrival in Atqasuk, regardless of when the Atqasuk clinic returns their test results.

### **Definitions**

***Quarantine:*** keeps someone who might have been exposed to the virus away from others.

***Isolation:*** keeps someone who is infected with the virus away from others.

***Strict Social Distancing:*** is a term ARO adopted from the State of Alaska that summarizes CDC’s pre-travel guidance and other best practices. The goal of Strict Social Distancing is to avoid close contact, which means remaining six feet away from anyone not in the immediate household.

To achieve this goal travelers must avoid venues like:

- Large social gatherings such as weddings, funerals, or parties
- Mass gatherings, like sporting events, concerts, or parades
- Businesses like restaurants, bars, fitness centers, or movie theaters
- Trains, buses, airports, ride-shares, and public transportation
- Cruise ships, ferries, or river boats
- Occupied office buildings, schools, and day-care centers
- Contact or quasi-contact sports, such as basketball, hockey, football, and soccer

And:

- Wear face coverings and remain six feet away from anyone not in their immediate households
- Use delivery or curbside pick-up for groceries, meals, or other errands

## Attachment 1 Summary of Travel Requirements and Websites

Summary of Travel Requirements and Websites	
Destinations	Requirements Summary and Website
Seattle	<p>The State of Washington requires a 14-day quarantine for travelers arriving from a country where the new variant of the SARS-CoV-2 virus, 501Y.V, has been identified and recommends a 14-day quarantine for interstate travelers</p> <p><a href="https://www.doh.wa.gov/Emergencies/COVID19/Travel">https://www.doh.wa.gov/Emergencies/COVID19/Travel</a></p> <p><a href="https://visitseattle.org/travel-advisory/">https://visitseattle.org/travel-advisory/</a></p>
City of Anchorage	<p>The City of Anchorage follows the State of Alaska's travel restrictions and testing guidelines. The city has also established additional measures for businesses in its jurisdiction.</p> <p><a href="https://covid-response-moa-muniorg.hub.arcgis.com/pages/emergency-orders">https://covid-response-moa-muniorg.hub.arcgis.com/pages/emergency-orders</a></p>
State of Alaska	<p>Alaska requests travelers submit a travel declaration and self-isolation plan through a portal and arrive with proof of a negative test. (State Public Health Order #2).</p> <p><a href="https://covid19.alaska.gov/travelers/">https://covid19.alaska.gov/travelers/</a></p> <p>Note: Alaska recommendations are mandatory for ARO travelers.</p>
Fairbanks North Star Borough	<p>Fairbanks' guidance is the same as the State of Alaska's</p> <p><a href="https://www.fairbanksalaska.us/mayor/page/covid-19-information">https://www.fairbanksalaska.us/mayor/page/covid-19-information</a></p>
Toolik Field Station	<p>Toolik Field Station requires residents to quarantine in Fairbanks for 14 days and receive two, negative COVID tests</p> <p><a href="https://toolik.alaska.edu/user_guide/covid-19.php">https://toolik.alaska.edu/user_guide/covid-19.php</a></p>
City of Utqiagvik	<p>UIC Science requires travelers to quarantine 10 days in state prior to arrival and obtain a negative test 72 hours prior to travel. Then, travelers must remain in quarantine for 5 days and receive another test in accordance with Alaska Public Health Advisory #3.</p> <p><a href="https://www.utqiagvik.us/index.php/press-release">https://www.utqiagvik.us/index.php/press-release</a></p>
Prudhoe Bay	<p>The Arctic Oilfield Hotel requires travelers to obtain a negative test 72 hours prior to arrival.</p>
Alaska Remote Locations	<p>The State of Alaska recommends travelers quarantine 10 days in their arrival city and obtain a negative test 72 hours prior to travel away from the road system or AMHS. Then, travelers should remain in quarantine for 5 days and receive another test in accordance with Alaska Public Health Advisory #3. However, municipalities may publish more stringent measures.</p> <p><a href="https://dced.maps.arcgis.com/apps/opsdashboard/index.html#/3592667066804aa3a9cb299a0281cf8f">https://dced.maps.arcgis.com/apps/opsdashboard/index.html#/3592667066804aa3a9cb299a0281cf8f</a></p> <p><a href="http://www.north-slope.org/information/covid19-updates">http://www.north-slope.org/information/covid19-updates</a></p> <p><a href="https://interior-alaska-covid19-hub-tomdgis.hub.arcgis.com/">https://interior-alaska-covid19-hub-tomdgis.hub.arcgis.com/</a></p> <p>Note: Alaska recommendations are mandatory for ARO travelers</p>

## Attachment 2 Battelle ARO Pre-Travel Certification Alaska

Please initial each item you have successfully completed, type your name to “sign” this form, and send it to your science program manager (researchers) or to your HSE Manager (employees). If you were unable to complete one of these items, please contact the appropriate HSE for your destination

Utqiagvik and Atkasuk. Matthew Irinaga. [Matthew.Irinaga@uiccs.com](mailto:Matthew.Irinaga@uiccs.com) or 907-978-0564

Other Alaska destinations. [kim@polarfield.com](mailto:kim@polarfield.com) or 303-349-6382

	I have submitted my (1) travel declaration form, (2) self-isolation plan and (3) COVID test result through the Alaska Travel Portal ( <a href="https://www.alaska.covidsecureapp.com/">https://www.alaska.covidsecureapp.com/</a> .)
	(Utqiagvik travelers only). I have registered with Samuel Simmonds Memorial Hospital (SSMH). ( <a href="https://arcticslope.org/ssmh-registration-form/">https://arcticslope.org/ssmh-registration-form/</a> )
	I have reviewed the travel restrictions and quarantine requirements for my destination and agree to abide by them. ( <a href="https://dced.maps.arcgis.com/apps/opsdashboard/index.html#/3592667066804aa3a9cb299a0281cf8f">https://dced.maps.arcgis.com/apps/opsdashboard/index.html#/3592667066804aa3a9cb299a0281cf8f</a> )
	I have received my COVID-19 test result and understand I <b>MAY NOT</b> travel if the result is either positive or inconclusive.
	I have an infection prevention kit, which contains the following items, ready for travel and I agree to use/wear them: <ul style="list-style-type: none"> <li>• Thermometers</li> <li>• Gloves, L or XL (10 pairs)</li> <li>• Face masks (4)</li> <li>• Face shield (1)</li> <li>• Hand sanitizer (1)</li> <li>• Small pack of disinfecting wipes</li> </ul>
	I have reviewed the “Safe Travels” training slides.
	I understand I <b>MAY NOT</b> travel if I am experiencing any of the following symptoms listed on Page 2 of this document.

\_\_\_\_\_

Date

\_\_\_\_\_

Full Name

Anyone experiencing the symptoms below must NOT TRAVEL, even if their COVID test result was negative. If this happens, the traveler should remain home and notify their ARO science project manager (researchers) or HSE (staff members) that they are unable to travel. (Note: In accordance with medical privacy laws, the traveler does NOT need to disclose what symptoms they are experiencing).

- Vomiting
- Nausea
- Sore throat
- Muscle aches and pains
- Rise in temperature with shivering
- Fever
- Chills
- Change in sense of taste or smell
- Cough
- Difficulty breathing
- Shortness of breath
- 

Anyone experiencing the symptoms below must NOT TRAVEL, even if their COVID test result was negative, unless there is another known condition or diagnosis that explains their presence (e.g., allergies, intense work hours)

- Runny nose
- Congestion
- Fatigue

Battelle Arctic Teaming Partners

