



Alaska, Fairbanks Area

	Action/Event	Pre-Departure (Days)														En Route (Days)												
		1	2	3	4	5	6	7	8	9	10	11	12	13	14	1	2	3	4	5	6	7	8	9				
Pre-Departure	Strict Social Distancing	14 Day Strict Social Distancing																										
	Test																											
	Test Results																											
	Submit Travel Plan and Test Result in Alaska Portal																											
	Submit Battelle-ARO Travel Fitness Verification																											
AK APOD	Travel to Fairbanks																											
	Hotel Quarantine																											
	Test																											
	Test Results																											
	Follow Local Procedures / Begin Activities																											

- All travelers will receive a shipment of infection prevention supplies for the trip.
 - All travelers must complete training on infection prevention travel procedures.
<https://projects.battelle.org/radsafety/safetravels/story.html>
 - Researchers are strongly encouraged to obtain medical travel/evacuation insurance.
 - At least 14 days prior to departure, all travelers should check the COVID-19 websites for each destination along their routes of travel (Attached) and begin preparing any required documents.
- All NSF-funded travelers must complete the following quarantine procedures, regardless of vaccination status and the State of Alaska exemptions. The Arctic program will continue to monitor pandemic and vaccine developments and will update this protocol when new evidence becomes available.**
- 14 days prior to departure, travelers must begin Strict Social Distancing and determine the availability and turn-around time for RT-PCR (aka NAAT or molecular) tests in their area (100-mile radius).
 - Travelers should consult these links to research their [state](#) and [local](#) testing locations
 - If local RT-PCR testing will not be available on the required test day (e.g., Sunday) or the results from the local lab will not be available prior to departure, travelers must notify Kim Derry at kim@polarfield.com or 303-349-6382 no later than a week prior to their scheduled departure.
 - Prior to travel, interstate travelers must file a travel declaration form and negative COVID-19 test result via the Alaska travel portal <https://www.alaska.covidsecureapp.com/>.
 - 72 hours (3 days) prior to departure, all travelers must obtain an RT-PCR COVID-19 test.
 - 24 hours prior to travel, travelers must submit their travel fitness verification forms to Battelle ARO at this link: [Pre-Travel Verification](#).
 - Research teams should travel together as a “pod” (i.e., arrive on the same flight). A “pod” can function as members of an “immediate household” regarding quarantine, social distancing, and testing.
 - Pods must quarantine for at least 7 days in their homes (Alaska residents) or their Alaska aerial port of debarkation (APOD), i.e., Anchorage or Fairbanks. ARO will arrange an “in-hotel” or “in home” test collection no earlier than Day 5.
 - For Alaska residents quarantining at home, either everyone in the home must quarantine with the traveler, or the traveler must remain segregated from the other occupants.
 - Asymptomatic travelers may exit quarantine when negative results return, which is usually Day 8.
 - After leaving quarantine, travelers must follow local requirements. [Interior Alaska COVID-19 Hub](#)

Definitions

Quarantine: keeps someone who might have been exposed to the virus away from others.

Isolation: keeps someone who is infected with the virus away from others.

Strict Social Distancing: is a term ARO adopted from the State of Alaska that summarizes CDC's pre-travel guidance and other best practices. The goal of Strict Social Distancing is to avoid close contact, which means remaining six feet away from anyone not in the immediate household.

To achieve this goal travelers must avoid venues like:

- Large social gatherings such as weddings, funerals, or parties
- Mass gatherings, like sporting events, concerts, or parades
- Businesses like restaurants, bars, fitness centers, or movie theaters
- Trains, buses, airports, ride-shares, and public transportation
- Cruise ships, ferries, or river boats
- Occupied office buildings, schools, and day-care centers
- Contact or quasi-contact sports, such as basketball, hockey, football, and soccer

And:

- Wear face coverings and remain six feet away from anyone not in their immediate households
- Use delivery or curbside pick-up for groceries, meals, or other errands

Attachment 1 Summary of Travel Requirements and Websites

Summary of Travel Requirements and Websites	
Destinations	Requirements Summary and Website
Seattle	<p>The State of Washington advises travelers to follow the current CDC travel guidelines.</p> <p>https://www.doh.wa.gov/Emergencies/COVID19/Travel</p> <p>https://visitseattle.org/travel-advisory/</p>
City of Anchorage	<p>The City of Anchorage strongly encourages non-resident travelers to obtain pre-travel testing.</p> <p>https://covid-response-moa-muniorg.hub.arcgis.com/pages/emergency-orders</p> <p>Note: Anchorage recommendations are mandatory for NSF-funded travelers.</p>
State of Alaska	<p>Alaska recommends travelers submit a travel declaration and pre-travel negative test result through a portal. (State Public Health Order #2). Travelers may also upload proof of vaccination or register to receive a COVID-19 vaccine.</p> <p>https://covid19.alaska.gov/travelers/</p> <p>Note: Alaska recommendations are mandatory for NSF-funded travelers.</p>
Fairbanks North Star Borough	<p>Fairbanks' guidance is the same as the State of Alaska's</p> <p>https://www.fairbanksalaska.us/mayor/page/covid-19-information</p>
Toolik Field Station	<p>Toolik Field Station requires residents to quarantine in Fairbanks for 10 days and receive two, negative COVID tests</p> <p>https://www.uaf.edu/toolik/news/covid-19.php</p>
City of Utqiagvik	<p>The City of Utqiagvik strongly recommends that individuals who are not fully vaccinated quarantine for 10 days after arriving in the city. As mentioned above, NSF requires all travelers to quarantine for a minimum of 10 days after arrival, regardless of vaccination status OR to quarantine 10 days at the APOD and then quarantine for 5 days after arrival in Uqiagvik.</p> <p>http://www.north-slope.org/assets/images/uploads/news/2021-04-26_16-43.pdf</p>
Prudhoe Bay	<p>The Arctic Oilfield Hotel requires travelers to obtain a negative test 72 hours prior to arrival.</p>
Alaska Remote Locations	<p>The State of Alaska recommends travelers quarantine 10 days in their arrival city and obtain a negative test 72 hours prior to travel away from the road system or AMHS. However, remote municipalities may publish more stringent measures.</p> <p>Alaska GIS-enabled COVID-19 Clearinghouse</p> <p>Interior Alaska COVID-19 Hub</p> <p>Norton Sound Health Corporation</p> <p>Arctic Slope Native Association Press Releases</p> <p>Directory of Local Health Departments (National Association of County Health Officials)</p> <p>Note: Alaska recommendations are mandatory for NSF travelers</p>